

Blueberry and Lemon Yogurt Cake

12-16 servings

Ingredients

200g whole-grain spelt flour

100g unbleached white spelt flour

2 tsp baking soda

90g butter

1 banana, ripe

1 egg

Lemon juice from 2 lemons and zest

150g Greek yogurt

100g blueberries



Directions

Preheat the oven to 190 C / 375 F and line your baking tray with baking paper. Sift the flours with baking soda. Use your fingers to break up to pieces like breadcrumbs. Mash a banana with a fork and add to the bowl. In a different bowl, mix the egg with lemon juice. Take a 1/4 of this and add in the lemon zest. Set aside. Add the yogurt to the egg mixture. Add this to the banana mixture. Put this onto the baking tray. Bake for 20 minutes.